# NARA Licensing Curriculum Training The Balance Use of Authority in Licensing

Donna M. Sabo, MAED NARA Consultant and Trainer

Sandi Wooters, MHS ACG Commonwealth of PA



### **Learning Objectives**

- To identify personal issues regarding authority
- To identify problems with professional authority (overuse and underuse) relating to the regulatory field
- To apply knowledge received to develop a better regulatory balance of authority



#### Life seems safer when...

- Predictable, stable
- Overtly fair
- Respectful
- Representing law and natural consequences, not capricious "personal" authority



# Best Practices YOU have great power and authority by virtue of your position.

- Know yourself!
- How do you react to authority?
- Who was the first authority figure in your life?
- Types of culturally based authority:
   Charismatic; traditional; rational-legal.
- How do the providers react when you arrive?



#### **Balance Use of Authority**

- We do not need to show authority to use it effectively.
- Communication is key.
- You walk softly but carry a big stick.
- You must know how to manage your reactions and most importantly body language.
- What are your triggers?
- How do you redirect conversations?
- Licensing is a human endeavor are you comfortable with your feelings?



## Balance: not to hard, not too soft – JUST RIGHT - "Goldilocks

Personal relationships with providers do not work.

- Regulatory relationship's require the use of fair, objective authority that is not contaminated by the conflict of interest.
- All professionals have common goals; due diligence; objectivity and managing personal feelings.
- What are licensing reps common goals?
- Prevention is one of the primary regulators goals which protects the public through licensing.



### **Problems with Authority**

Past History (ACES)



**Personal History** 

Power imbalances





### Limits and Latitudes

Equal Enforcement

Real Requirement

Can't Change (Rules)



#### Vary use of authority on case-bycase basis

- Professional collisions keep in mind we license facilities operated by professionals –they may feel their professional commitment may supersede what licensing does.
- Authority is necessary for an orderly society and accomplish tasks.
- The review of regulatory compliance may cause a professional collision with providers who work very hard at serving a vulnerable population.



### **Authority Concept**

We are not the authority

We are its instrument



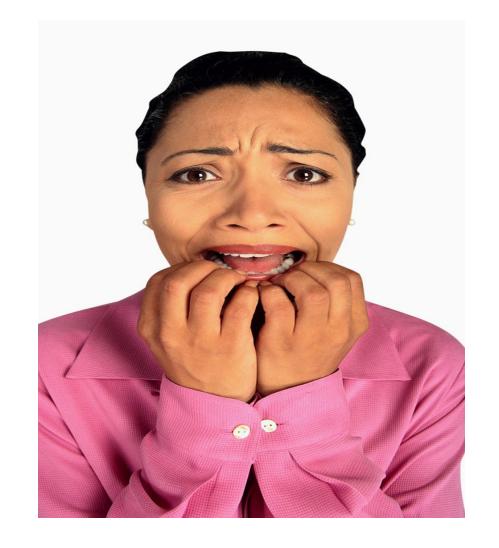


# Provider's Reactions

Before

During

After



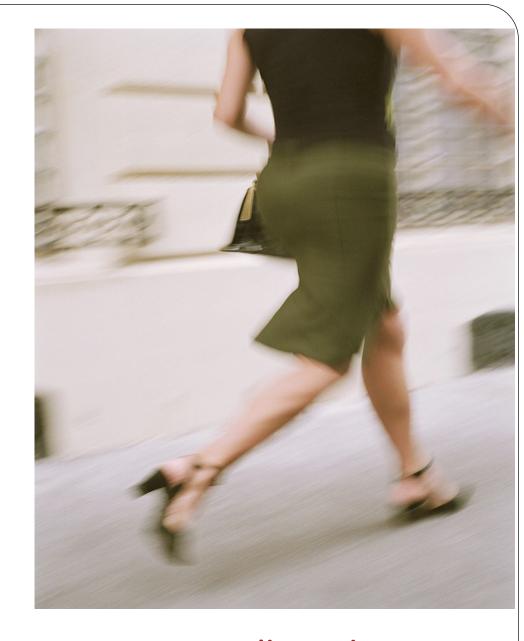


# Provider's Reactions

Fight

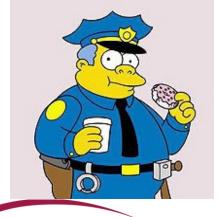
Flee

Freeze





# Characterizations of **Providers** Can you name some "stereotypes" or types



nara

of Providers???

### "Victim"

- Expects and wants to be the victim
- Looks for signs of slight
- Blames others



## "Attorney"

Argues

technicalities



- Demonizes authority
- Survives by wit and verbal Skills





# "Social Justice Advocate"

- Takes on righteous defense of others
- Paints the licensor as the bully or bigot
- A safe way to challenge authority



#### "Perfectionist"

- Strives for perfection
- Wards off disapproval
- Avoids criticism by learning to be perfect





### Choreographer/Stage Mgr"

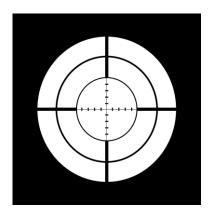


Obsessed with controlling all the details

Making mistakes means vulnerability



### "Sniper"



- Attacks authority
- Aggressive verbal skills
- Sees authority as the bully



# "Lapdog"

- Overly submissive
- Unassertive







### "Junk-Yard Dog"

- Aggressor
- Bully
- Bigot
- Fight for survival
- Mounting an attack feels safe



#### How would you handle these?

- Victim
- Attorney
- Social justice advocate
- Perfectionist
- Choreographer / Stage manager
- Sniper
- Lapdog
- Junk-yard dog



### **Staying Balanced**





### **Under-Use of Authority**

- Weakens requirements
- Unsafe environment
- Parents think we assure safety



### **Under-Use of Authority**

- The consultant –TA/TA/TA
- The Social worker
- The go along
- The eternal optimist
- The over identifier
- The apologist
- The slipshod



### "Consultant"

- Avoids enforcement
- Wants only to"consult"
- Easier role

I don't work here, I'm a consultant



### "Social Worker"

- Confuses role of regulator with therapist
- Views regulation is too negative
- Not comfortable working within policy/regulation



# "Go-Along"

- Allows licensee to take control
- Weak
- Go along to get along





### "Eternal Optimist"

- "Everything is alright"
- Avoids unpleasantness
- Taken in by outward appearances



#### "Over-Identifier"

- Over-involved with licensee
- Emotionally caught up in circumstances
- Loses objectivity



# "Apologist"

- Blames rules on others
- Offers no rationale for certain rules
- May fail to require compliance



# "Slipshod"

- No effort to learn rules
- Wants to get along
- Lazy





## Overuse of Authority

- I Gotcha
- The Pessimist
- The Masked Aggressor
- The Midnight Raider
- The Bigot
- The Loner
- The Crusading Advocate
- The Unannointed Manager



### ""I Gotcha"

Determined to catch them

being bad

 Overreacts before getting





### "Pessimist"

- Expects licensee is covering up violations
- Expects licensee cannot succeed/improve
- Lack of faith in licensee





Masneu

## Aggressor"

- Polite face to face
- Lowers the boom in writing
- Passive aggressive





### "Midnight Raider"

- Expects to catch them "being bad"
- Suspicious and wary of licensees
- Overuses non-business-hours inspections



### "The Bigot"

- Possesses various biases
- Hides biases behind professionalism
- Plays favorites



#### "The Loner"

- Uses personal judgment only
- Loose cannon
- Expects blind support from management



# "Grusading Advocate"

- Duty to person in care overrides other duties
- Oversteps bounds
- Consultation obligatory



# "Unannointed Manager"

- Confuses roles
- Dictates action to be taken
- Takes over managerial role for the facility



#### Misuse of Authority

- Misuse of Authority is destructive for you, your agency, the provider and most importantly the children and families we serve.
- The authority of law is what binds us together.
- Licensing reps should be respectful, friendly and courteous but not friends with the providers.
- Remember your role.
- Regulating authority is conceptually and emotionally stressful to most providers.....even before a violation is issued or enforcement action taken.
- Overuse of authority abuse. Underuse or abdication of proper authority.



## Concept of Prevention Protection

- Licensing comes first to prevent danger. Regulators issue violations which gives providers the opportunity to correct or prevent harm.
- Don't feel guilty if the provider hasn't maintained compliance.
- Violations should be viewed as prevention and a positive process not punitive. Violations are licensing's method of protection!



## Rules apply equally to ALL providers

- Regulators cannot substitute our professional opinions as the rules are the rules.
- Licensing authority begins and ends with the rules.
- If you are on a power trip this may be the wrong profession for you!



#### **Distorted Relationships**

- Providers perceiving themselves in danger; fight, flee or freeze.
- Knowing yourself will help understand/anticipate the providers reaction.
- Think about a time when a violation was cited the provider disagreed with or became aggressive?
- What was the cause of the providers reaction?
- Do you see yourself in the providers shoes?



#### Tips for a Good Balance

Good communication

Use least enforcement needed

Use technical assistance appropriately



#### Tips for a Good Balance

Show respect

Use organizational resources

Observe limits and latitudes

Gather facts fully and objectively



## Handling Challenging Situations

- You will encounter offensive situations so be consistent in mood and behavior.
- Being vigilant in knowing your own issues with authority – know yourself.
- Stay out of traps.



### Handling Challenging Situations

 Take deep breaths; visualize yourself in a calm state; count backward slowly; redirect the conversation; concentrate on similarities/common interest in providing good care for the residents; practice good listening skills; all violations observed must be cited; use TA to explain possible POC; teach the intent of the regulation; be fair and objective/specific; gather facts fully; provide findings promptly - no gotcha's; learn and practice good verbal and nonverbal communications.



#### **Handling Challenging Situations**

A smile, courtesy, respect, and manners go a long way. (please, thank you, may !?)

- Human Interactions authority is defined as a bond between people who are unequal. Like parent/child; student/teacher; employer/employee; license rep/provider.
- You hold something providers want/need "the license" no reason to misuse the "Balance of Authority"



#### Life's a Great Balancing Act

So be sure when you step.

Step with care and great tact

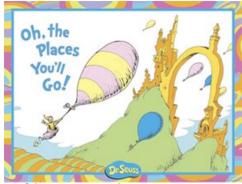
and remember that life's a great balancing act.

Just never forget to be dexterous and deft.

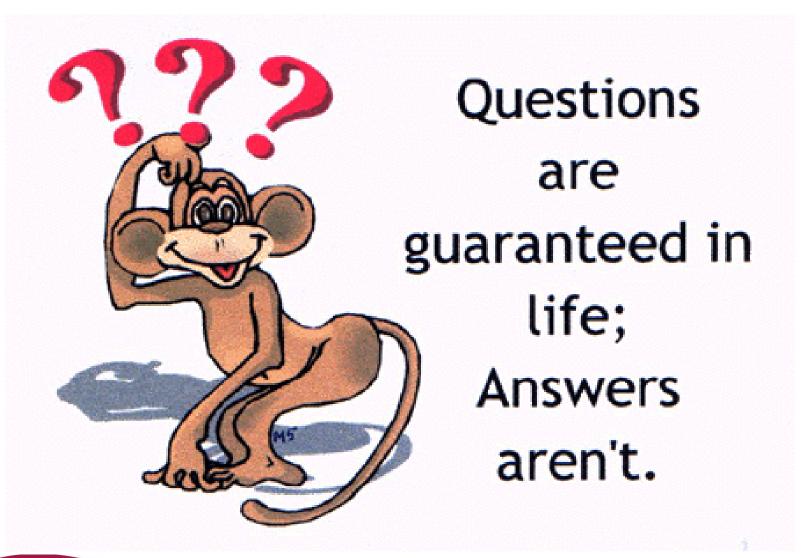
And never mix up your right foot with your left.

Dr. Seuss





www.naralicensing.org





www.naralicensing.org